

Practical HelpSM

FOR PARENTS



Support for Parents of Teens/Pre-Teens, Educators & Mental Health Professionals

Program Description

Chatting, Gaming and Pornography: Understanding the Challenges of the Online World

Advances in technology have been continuing at an astounding pace in the last decade. Our teenagers are more sophisticated than ever about working with this technology and often are the "experts" in the household about the computer and the online world. While we may not need to reverse this trend, as parents we do need to become more expert in understanding just what our children are being exposed to while "living online."

Chatting, instant messaging, online games and pornography are alluring draws to today's teenager and can quickly become overwhelming and even dangerous for them. There is a tremendously powerful and productive side to the internet as well as equally powerful destructive one. **In this workshop you'll learn about what our kids are facing online and how to help them navigate the electronic world.**

Program Outline

1. Overview of the Internet: Context and Challenges
2. How the Internet Works: Quick Tutorial and Scope
3. Major Applications Online and Implications for Safety
4. Online Threats To Youth
5. Types of Experiences Accessed Online
6. Parent Knowledge About Internet Activity
7. Gaming: Overview, Pros/Cons
8. Pornography: What's At Stake
 - a. Legal/Social/Educational Responses
 - b. Parental Responses
9. Tips for Internet Use Safety
10. Warning Signs of Internet Addiction
11. What's in the Future?
12. Additional Steps and Resources

Options and Fees*

All workshops prices include bibliographies, copies of presentation and ancillary materials such as research articles and more in-depth treatment of material presented. Minimum prices are listed; prices may vary depending upon participant numbers.

1-Hour Presentation or Keynote: \$400

2-Hour Workshop or Staff Training: \$750

Half-day Workshop or Staff Training (3.5 Contact Hours): \$1250

Full-day Workshop (6.5 Contact Hours): \$2250

**A 15% discount is available for non-profit organizations*

Michael is approved by the Board of Behavioral Sciences as a Continuing Education Provider (PCE #3451) for Marriage & Family Therapists in the State of California.

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5665 College Avenue, Suite 340C • Oakland, CA 94618

Tel (510) 433-2959 • E-mail Michael@PracticalHelpForParents.com

www.PracticalHelpForParents.com