

# Practical Help<sup>SM</sup>

## FOR PARENTS



*Support for Parents of Teens/Pre-Teens, Educators & Mental Health Professionals*

Program Description

## Bullying, Harassment and Aggression in Middle School

This is an incredibly important, albeit controversial topic. By the time a student has reached high school, almost three-quarters of these students will be the victim or perpetrator of bullying, harassment or aggression at school. Bullying reaches a peak in middle school and has been implicated in school violence, suicide and school failure over the last decade. It's difficult to pick up a newspaper or magazine and not read about an incidence of bullying in middle school.

What have we learned about bullying, harassment and aggression among middle-schoolers? It is not about the big kid holding up the little kid for lunch money. It involves subtle, indirect aggression between girls and boys and with unfortunate, sometimes devastating consequences. **This workshop will help you understand the ways that pre-adolescents bully and harass and how to help them cope with these troubling behaviors.**

## Program Outline

1. The Scope of The Issue: Bullying, Harassment and Aggression
2. What Do Pre-Teens Say About Bullying and Harassment?
3. What are the 6 Major Criteria for Defining Bullying?
4. Is This Just a Problem Between Students? Bullying Between Adult and Student
5. Examples from the "Field"
6. What Can Be Done About The Problem?
7. Additional Steps and Resources
8. Discussion and Questions

## Options and Fees\*

All workshops prices include bibliographies, copies of presentation and ancillary materials such as research articles and more in-depth treatment of material presented. Minimum prices are listed; prices may vary depending upon participant numbers.

*1-Hour Presentation or Keynote: \$400*

*2-Hour Workshop or Staff Training: \$750*

*Half-day Workshop or Staff Training (3.5 Contact Hours): \$1250*

*Full-day Workshop (6.5 Contact Hours): \$2250*

*\*A 15% discount is available for non-profit organizations*

*Michael is approved by the Board of Behavioral Sciences as a Continuing Education Provider (PCE #3451) for Marriage & Family Therapists in the State of California.*

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