



Support for Parents of Teens/Pre-Teens, Educators & Mental Health Professionals

Program Description

Bullying, Harassment and Aggression in High School

Over the life of their high school careers, close to 80% of all students will be involved with bullying, either as a victim or as the bully (or both). Some research indicates that 85% of girls and 76% of boys reported being the victim of sexual harassment of some kind while at school. Almost 15% of those involved report severe, long-lasting reactions to the experience(s).

What have we learned about bullying, harassment and aggression among high schoolers? It is not about the big kid holding up the little kid for lunch money. It involves subtle, indirect aggression between girls and boys and with unfortunate, sometimes devastating consequences. **This workshop will help you understand the ways that adolescents bully and harass and how to help them cope with these troubling behaviors.**

Program Outline

1. The Scope of The Issue: Bullying, Harassment and Aggression
2. What Do Teens Say About Bullying and Harassment?
3. What are the 6 Major Criteria for Defining Bullying?
4. Is This Just a Problem Between Students? Bullying Between Adult and Student
5. Examples from the "Field"
6. What Can Be Done About The Problem?
7. Additional Steps and Resources
8. Discussion and Questions

Options and Fees*

All workshops prices include bibliographies, copies of presentation and ancillary materials such as research articles and more in-depth treatment of material presented. Minimum prices are listed; prices may vary depending upon participant numbers.

1-Hour Presentation or Keynote: \$400

2-Hour Workshop or Staff Training: \$750

Half-day Workshop or Staff Training (3.5 Contact Hours): \$1250

Full-day Workshop (6.5 Contact Hours): \$2250

**A 15% discount is available for non-profit organizations*

Michael is approved by the Board of Behavioral Sciences as a Continuing Education Provider (PCE #3451) for Marriage & Family Therapists in the State of California.

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